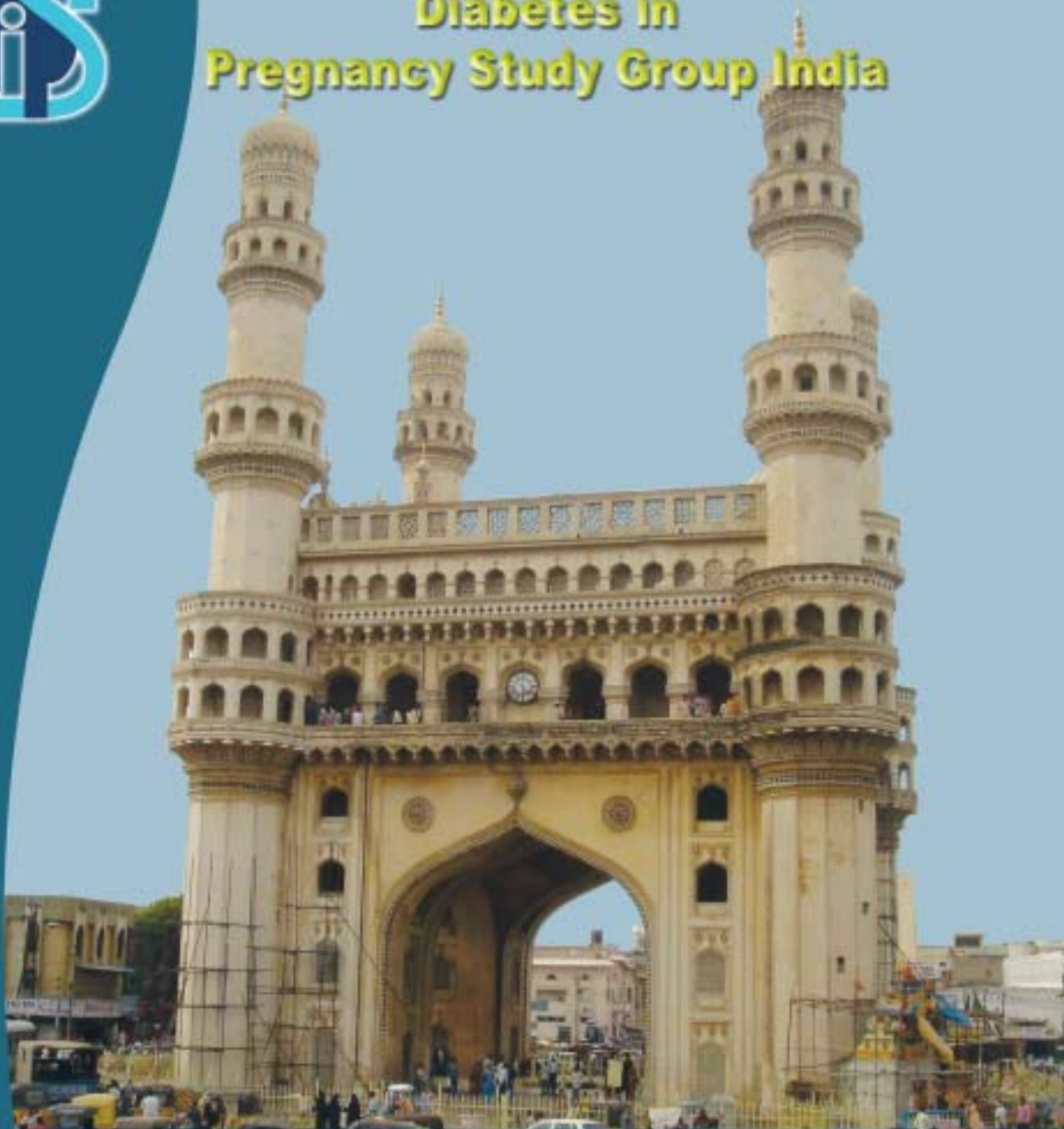




**Second National Conference of the
Diabetes in
Pregnancy Study Group India**



**February 10 and 11, 2007
Ramoji Film City, Hyderabad**

February 10 and 11, 2007
Ramoji Film City

Organising Committee

Chairman	:	Padma Shree Prof. D. Prasada Rao
Organising Secretaries	:	Dr. P.V. Rao Dr. D. Pratibha
Joint Secretaries	:	Dr. D. Ramesh Dr. G. Radhika
Co-ordination Committee	:	Dr. Arun Kumar Jain Dr. R. Srikanth Reddy
Advisory Committee	:	Dr. M. Raghunath Babu Dr. P. Madhav Dr. T. Sreenivas Dr. G. Girishesh Dr. P. Kavitha Dr. G.V. Ramana Murthy
Registration	:	Dr. M. Padmalatha Dr. M. Anuradha Mr. M. Satya Prasad Mrs. R. Gayathri Anusha Mr. T. Rathan Mrs. D. Rama lakshmi
Finance Committee	:	Mrs. G. Neelima Mrs. K. Bhavani
Reception Committee	:	Dr. P. Usha bala Dr. S. Jayanthi Dr. Liza Raja Sekhar Dr. K. Manjeera Dr. B. N. Jyothi Dr. A. Usha Rani
Members	:	Dr. P. Balamba Dr. Y. Savitha Devi Dr. L. Fahmida Banu Dr. C. Ambuja Dr. T. Kalyani Devi Dr. M.Tripura Sundari Dr. H. Anupama Dr. V. Usha rani Dr. L. Jayanthi Reddy Dr. Roya Rozati Dr. Evita Fernandez Dr. P. Lakshmi Reddy Dr. Suchi Madhusudan

Welcome Message

Dear Colleague,

The Diabetes in Pregnancy Study Group India (DIPSI) has great pleasure in inviting you for the Second Annual Conference to be held at Hyderabad on February 10 and 11, 2007.

Many of us working and interested in the field of diabetes and pregnancy, had an occasion to get together and to share our views in the first DIPSI 2006 Conference in Chennai. We had good scientific deliberations, ambience and hospitality.

The Second Conference of DIPSI 2007 will have many scientific sessions and each session will be for two hours. The important aim of this conference is to encourage more platform presentations. To facilitate this, each session will have a lecture by an eminent international speaker and this will be followed by platform presentation of papers, submitted for the Second National Conference of DIPSI 2007, which will have relevance to the topic of the session. We will allot an ample time of 30 minutes for floor discussion.

The conference will be in a land mark venue of the Hyderabad City.

We wholeheartedly welcome you to present papers and to interact with the international experts in the field of Metabolic Medicine, Obstetrics and Gynecology and Perinatology.

Looking forward for your gracious participation and to utilize this opportunity to meet old friends and make new ones.

President
Prof. V. Seshiah



OFFICE BEARERS

Patron	– Prof. B.B. Tripathy	Cuttack
President	– Prof. V. Seshiah	Chennai
Vice President's	– Prof. Ashok Kumar Das	Pondicherry
	Prof. D. Pratibha	Hyderabad

Governing Body Members

Prof. Cynthia Alexander	Chennai
Prof. Jaya Narendra	Bangalore
Prof. B.K. Sahay	Hyderabad
Prof. Samar Banerjee	Kolkata
Prof. Shashank R. Joshi	Mumbai
Prof. Siddharth N. Shah	Mumbai

Advisory Board Members

Prof. C. Anjalakshi	Chennai
Dr. Anil Bhoraskar	Mumbai
Dr. Anuj Maheswari	Lucknow
Dr. Bharati Kalra	Karnal
Dr. A. Bhavatharini	Erode
Prof. R.V. Jaya Kumar	Kottayam
Prof. Lilly John	Bangalore
Prof. Mary John	Ludhiana
Dr. Mayur R. Patel	Ahmedabad
Dr. G. Mirudhubashini	Coimbatore
Dr. S.S. Rastogi	New Delhi
Prof. P.V. Rao	Hyderabad
Dr. Y. Sadasivarao	Vijayawada
Dr. Shailaja Kale	Pune
Dr. Shyam Mukundan	Alwaye
Prof. Th. Premchand Singh	Manipur
Dr. Vitull K. Gupta	Bhatinda
Prof. A.H. Zargar	Srinagar

Hon Secretary

Dr. V. Balaji	Chennai
---------------	---------

Joint Secretaries

Dr. Jitendra Singh	Jammu
Dr. Sunil Gupta	Nagpur

Treasurer

Dr. Madhuri S. Balaji	Chennai
-----------------------	---------

Convenor

Dr. A. Paneerselvam	Chennai
---------------------	---------



DIABETES IN PREGNANCY STUDY GROUP – INDIA (DIPSI)

Diabetes in Pregnancy Study Group India was formally inaugurated by Prof. Jeremy J.N. Oats – Secretary General, International Association for Diabetes and Pregnancy Study Groups on 12th evening in December 2004. This group is necessary as within the next decade the country will be having 20 million women in reproductive age and there is a need to have systematic study on pregnancy medicine. Several doctors with interest in the field of diabetes and pregnancy are joining hands in organizing and continuing the clinical, academic and research activities of the DIPSI. In this endeavor DIPSI would be the fore runner for forming many groups in different medical problems of pregnancy in the future.

DIPSI has decided to collect, channelise the ideas to share and disseminate the scientific information among the colleagues.

Let us join our hands in organizing

and continuing the clinical,

academic and research

activities of the DIPSI

Challenges for the future

A number of challenges remain for screening and diagnostic testing for GDM. All of the diagnostic criteria for pregnancy in common use in the United States are based on the 100-g, 3-hour Oral Glucose Tolerance Test (OGTT). There are a number of reasons, however, that a 75-g test would be preferable. First, when a glucose tolerance test is administered to non pregnant individuals, it is standard to use the 75-g, 2-hour OGTT. Using a different glucose challenge in pregnant verses non pregnant patients leads to confusion in the laboratory and may result in errors in applying the proper diagnostic criteria. Further, the 75-g, 2-hour OGTT is in use during pregnancy in many countries around the world, typically using the same thresholds as in non pregnant individuals. Development and validation of pregnancy-based criteria using the 75-g, 2-hour OGTT would simplify world wide comparison of data and the testing paradigm used in the United States.



Faculty



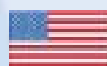
Dr. Peter Damm Denmark



Dr. David McIntyre Australia



Dr. David Simmons New Zealand



Dr. Ved Gossain USA



Dr. V. Seshiah	Chennai	Dr. Sujatha Das	Cuttack
Dr. V. Balaji	Chennai	Dr. A.H. Zargar	Jammu
Dr. Shashank R Joshi	Mumbai	Dr. Veena Agrawal	Gwalior
Dr. C. Anjalakshi	Chennai	Dr. Udayakumar	Chennai
Dr. D. Pratibha	Hyderabad	Dr. Sunil Gupta	Nagpur
Dr. Ashok Kumar Das	Pondicherry	Dr. Anil Boraskar	Mumbai
Dr. Sidharth Das	Cuttack	Dr. Cynthia Alexander	Chennai

DIPSI 2007 - DAY 1

SESSION I - 9.00 AM - 10.40 AM

BASICS IN PREGNANCY MEDICINE

Chairpersons: Dr. R.V. Jayakumar & Dr. Cynthia Alexander

- Pregnancy is a Diabetogenic stress
- **Dr. A.H. Zargar (20 min)**
- Placental growth hormone and the IGF axis in diabetic pregnancy
- **Dr. David McIntyre (20 min)**
- GDM '*forma Christi*' of Type 2 DM
- **Dr. Peter Damm (20 min)**
- The role of glucokinase gene polymorphism in gestational diabetes
- **Dr. Swarna Kumari (10 min)**

DISCUSSION - 30 MIN

COFFEE BREAK - 10.40 AM - 11.00 AM

SESSION II - 11.00 AM - 1.00 PM

EPIDEMIOLOGY - I

Chairpersons: Dr. Lily John & Dr. Siddharth N. Shah

- Guidelines for screening and diagnosis of GDM
- **Dr. C. Anjalakshi (20 min)**
- Epidemiology of GDM in India
- **Dr. V. Balaji (20 min)**

DISCUSSION - 20 MIN



CLINICAL EPIDEMIOLOGY

Chairpersons: **Dr. Y. Sadasiva Rao & Dr. P.V. Rao**

- GDM manifest in all trimesters
- **Dr. Cynthia Alexander (20 min)**
- Glycemic level at the first visit likely to predict GDM
- **Dr. Madhuri S. Balaji (10 min)**
- Study of prevalence of GDM in a segment of South Indian population
- **Dr. B. Naga Satyavathi (10 min)**

DISCUSSION - 20 MIN

LUNCH - 1.00 PM - 2.00 PM

SESSION III - 2.00 PM - 4.15 PM

MONITORING MATERNAL AND FETAL WELL BEING - I

Chairpersons: **Dr. Samar Banerjee & Dr. Mirudhubashini**

- Role of Glycosylated hemoglobin in the diagnosis of Gestational Diabetes
- **Dr. Ved Gossain (20 min)**
- Fetal well being assessment
- **Dr. Veena Agrawal (20 min)**

DISCUSSION - 15 MIN

MONITORING MATERNAL AND FETAL WELL BEING - II

Chairpersons: **Dr. Bharti Kalra & Dr. Anuj Maheswari**

- Utility of ultrasound in Diabetes and Pregnancy
- **Dr. Udayakumar (20 min)**
- Timing and mode of delivery is based on experience / evidence / events
- **Dr. D. Pratibha (20 min)**
- Follow up of patients with diabetes complicating pregnancy and to evaluate the maternal and fetal outcome
- **Dr. M. Anitha (10 min)**
- Maternal and fetal profile in GDM
- **Dr. Ruby Rose (10 min)**

DISCUSSION - 20 MIN

COFFEE - 4.15 PM - 4.30 PM

SESSION IV - 4.30 PM - 6.45 PM

MANAGEMENT ISSUES - I

Chairpersons: **Dr. B. K. Sahay & Dr. Shyam Mukundan**

- Maternal Glycemic level for a better pregnancy outcome
- **Dr. Sunil Gupta (20 min)**
- Medical Nutrition Therapy
- **Dr. Anil Bhoraskar (20 min)**

DISCUSSION - 15 MIN

MANAGEMENT ISSUES - II

Chairpersons: **Dr. S.S. Rastogi & Dr. Shailaja Kale**

- OHA in Pregnancy: Needs Caution, Not Condemnation
- **Dr. David Simmons (20 min)**
- Modern insulins in diabetes and pregnancy
- **Dr. Shashank Joshi (20 min)**



- Clinical observations of Metformin in pregnancy
- **Dr. Anuj Maheswari (10 min)**
- Novomix - mixture of insulin aspart and protamine crystallised insulin aspart in gestational diabetes mellitus
- **Dr. V. Seshiah (10 min)**

DISCUSSION - 20 MIN

Inauguration - 7.00 - 8.00PM

Smt. Daggubati Purandhareswari

Hon Union Minister of State for Human Resources Development
Government of India

ENTERTAINMENT & BANQUET 8.00 PM ONWARDS

DIPSI 2007 - DAY 2

SESSION VI - 9.00 AM - 11.20 AM

Feto-Maternal Outcome - I

Chairpersons: Dr. Mary John & Dr. Jaya Narendra

- Pregnancy in Type 2 DM - Problem & Promise
- **Dr. David McIntyre (20 min)**
- New Zealand - Model of Care for GDM
- **Dr. David Simmons (20 min)**

DISCUSSION - 20 MIN

Feto-Maternal Outcome - II

Chairpersons: Dr. Mayur Patel & Dr. Th. Premchand Singh

- Short Term and Long term complications of the children born to GDM mothers
- **Dr. Peter Damm (20 min)**
- Retrospective obstetric history of present female diabetics
- **Dr. A. Bhavatharini (10 min)**
- Congenital malformations in pregnancies complicated by diabetes
- **Dr. Sanjay Kalra (10 min)**
- Prophylactic insulin in BOH
- **Dr. Koteeswari (10 min)**

DISCUSSION - 30 MIN

COFFEE - 11.20 AM - 11.30 AM

SESSION VII - 11.30 AM - 12.40 PM

Special Problems

Chairpersons: Dr. C B Sridhar & Dr. Jitendra Singh

- Co morbid conditions of diabetes in pregnancy
- **Dr. A. K. Das (20 min)**
- Pregnancy in women with PCOD
- **Dr. Siddharth Das (20 min)**
- Effect of Yohimbine on sexual disorders in women with diabetes
- **Dr. Bharti Kalra (10 min)**

DISCUSSION - 20 MIN

OPEN SESSION - 12.40 PM - 1.30 PM

Moderator: Dr. S.K. Rajan and Dr. V. Seshiah

Rappaporteurs: Dr. Vitull Gupta, Dr. Panneerselvam & Dr. Madhuri S. Balaji

LUNCH @ 1.30 PM



General Information

Venue

Ramoji Film City is the World's largest Film Studio Complex spread over idyllic 2,500 acres and studded with hills, woods, lakes and striking architectural triumphs. This is one of Asia's fastest growing tourism destinations. So take a break from routine for the experience of a life time. And discover how interesting even academic meetings can get in the right setting !

Help at Venue

Please feel free to contact our assistance desk in main lobby or any conference volunteer in sight. Contact Numbers : 98853 11100, 98483 33111

How to reach Hyderabad

Hyderabad is well connected with other parts of the country and can be easily approached from all corners of the country. Trains, direct buses and air connections make travel easy and comfortable.

Languages

Telugu is the mother tongue of People of Andhra Pradesh. English, Hindi, and Urdu are widely spoken in Hyderabad. English is the Official language of the conference.

Climate

Hyderabad is pleasant during winter. Light warm cloths are recommended during nights.

Smoking and Cell Phone

Smoking is not allowed in the premises of the conference. The usage of cell phones is not allowed in the conference halls.

Registration Fees:

	Members (DIPSI)	Non – Members
Until September 30, 2006	Rs 1,500	Rs 2,000
Until November 30, 2006	Rs 2,500	Rs 3,500
Until January 15, 2007	Rs 3,500	Rs 5,000

Delegate registration includes :

1. Entry to scientific programs
2. Entry to trade exhibition
3. Delegate kit
4. All lunches/ Banquet during conference
5. Invitation to opening ceremony and all cultural events

No Spot Registration. Accompanying persons to pay Rs. 1500 for two lunches and banquet. No refunds.

Accommodation

Limited accommodation is available in Ramoji Film City on first come first serve basis, for an advance payment of Rs 5,000 towards one day room tariff sent before January 15.

	Sitara	Tara
Single Occupancy (per day)	Rs 3,600	Rs 2,100
Double Occupancy (per day)	Rs 4,200	Rs 2,700

ABOUT HYDERABAD

Hyderabad, the capital of Andhra Pradesh State, is a picturesque sprawling city located 1700 km to the south of New Delhi, India's capital and nearly 800 km to the east of Mumbai, the business capital of India. It is situated at an elevation of about 536.6 meters above the sea level and enjoys pleasant climate almost throughout the year.

The city has many majestic historical monuments, mosques and marvelous minarets. The world famous monument Charminar – an imposing structure with 53 meters high minarets is an attraction of the city. On the western outskirts of the city, the historical Golconda Fort is located. The Salarjung museum, the world's largest one-man collection, displays around 35,000 antique and art objects.

The Nehru Zoological Park was set up in 1959, as a natural habitat of all types of birds and animal species, spread over 300 acres of undulating landscape. Its Lion Safari Park is the first of its kind in South Asia.

The Lord Venkateswara temple on the hilltop of Kalapahad is a structure of grandeur and magnificence in marble blending with different architecture designs. The city also has one of the world's largest monolith statues of Lord Buddha, the incarnation of peace.



Golconda Fort :



Golconda fort is a majestic monument, which lies on the western outskirts of Hyderabad city. It speaks of a great cultural heritage of 400 years and is regarded as a place worth visiting. The fort was famous for its diamond trade and the 'Kohinoor' diamond is said to have come from here. Golconda is built on a granite hill 120m high. The fort has 8 gates or Darwazas as they are called locally, the main gate being Fateh Darwaza. Sound and Music show in English on all days between 06.30 and 07.30pm. Entry fee Rs. 25

Near by places : Gandipet, Essel world, Taramathi Baradari, Golonda Tombs.

Hyderabad is most famous for its charming minarets - the Charminar. The city is often identified with the majestic Charminar, which stands at the center of the old city. Charminar is a beautiful structure with four intricately carved minarets. Enormous in its size, this imposing monument exudes a charm that is more than 400 years old. Many people know Charminar as a historical monument constructed by Mohammad Quli Qutub Shah in 1591. But there are many historical facts that are associated with this great monument. With the restoration work of the Charminar in full swing many interesting facts about it are coming to light

.Near by places : Mecca Masjid, Salarjung Museum

Charminar :



A trip to Hyderabad remains incomplete without a visit to this enchanting Temple, Birla Mandir. This shimmering ethereal temple of Lord Venkateshwara, built in sculpted white marble, floats on the city skyline, on Kala Pahad. The tower over the main shrine of Venkateswara called the Jagadananda vimanam is built in the Orissan style while the towers over the shrines of the consorts are built in the South Indian style. This temple displays a mixture of architectural styles.

Near by Places : Necklace Road, NTR Garden, IMAX theater, Lumbini Park, Tank Bund, Birla Planetarium, Indira Park, Snow World and Ravindra Bharathi.

Birla Mandir :



Sprawling across 300 lush green acres, the Nehru Zoological park is one of the biggest zoos in Asia with over 250 species. 2450 animals and birds are kept in natural environment. The Lion Safari Park, Natural History Museum and Children's Train are the added attractions. The popular ones among the different species are white peacocks, mynahs, chimpanzees and rhinoceros. The Nehru Zoological Park is a must for nature lovers.

Closed on Mondays. Timings 9.00am to 5.00pm.

Nehru Zoological Park :



Salarjung Museum :



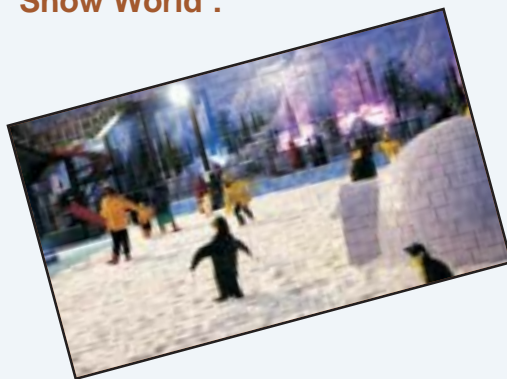
The Salar Jung Museum is located on Musi river in Hyderabad. It is the third largest museum in India having one of the biggest one-man collections of antiques in the world. This museum was set up by Yusuf Ali Salar Jung, the prime minister of Nizam of Hyderabad. He collected objects that are now presented in the museum. This museum displays an impressive collection of European and Indian paintings.

Timings : 10.00 a.m. To 5.00 p.m. Closed on Friday

Snow World is the World's Biggest and India's 1st Snow Theme Park. Spread over 17,000 square feet area, on Lower Tank Bund Road, behind Indira Park, it is yet another landmark place in twin cities. The visitors can chill out at minus 5°C and go merry with SNOW and have a SNOW-FILLED fun holiday.

Entry Fee: Rs 250/- for adults and Rs 200/- for children for one hour. **Timings :** 9am to 9pm.

Snow World :



Hussain Sagar :



The Tank Bund, the dam to the Hussain Sagar and the link between the twin cities, was built by Hazrat Hussain Shah, and is and has always been a major tourist attraction. A 16m high, 350 tonne monolithic Buddha statue on the Rock of Gibraltar is a major attraction at the Hussain Sagar. Spend at least a moment there to bathe in the cool breeze. Thirty-three elegant statues of eminent historic personalities like Tyagayya, Vemana and Pingali Venkaiah greet you warmly.

Near by Places : Birla Temple, Necklace Road, NTR Garden, IMAX theater, Lumbini Park, Tank Bund, Birla Planetarium, Indira Park, Snow World and Ravindra Bharathi

Stroll across the lane to the west of the Charminar and you reach this street that seats a whole bunch of eager shopkeepers that beckon you and charm you into buying more bangles than you ever thought you needed. You wouldn't feel bad about spending money here, though. The wares are a fashion statement of their own, and come pretty inexpensive.

Lad Bazaar :



Chowmahalla Palace :



Chowmahalla Palace was once the centre of Hyderabad, It was the seat of the Asaf Jahi dynasty where the Nizam entertained his official guests and royal visitors. The palace is unique for its style and elegance. Building began in the late 18th Century and over the decades a synthesis of many architectural styles and influences emerged. The palace originally covered 45 acres but only 14 acres remain. This complex today consists of two courtyards with elegant palaces, the grand Khilwat (the Durbar Hall), fountains and gardens.

Mecca Masjid :

Mecca Masjid is one of the oldest and the largest mosques in India. Muhammad Quli Qutb Shah, the 6th Sultan of Hyderabad began building it in 1617. The work continued during the reign of Abdullah Qutub Shah and Tana Shah and was completed in 1694 by the Mughal Emperor Aurangzeb. It took about 8000 masons and 77 years to be completed.



Please send your Cheque/Drafts (add Rs. 50 for outstation cheques) to:

Registration payment favoring

Diabetes and Pregnancy Conference 2007 to

Dr. P.V. Rao

Diabetes Center, Millennium Block

Nizam's Institute of Medical Sciences University

Hyderabad - 500 082. India.

Enquiries to Dr. D. Ramesh +91-40 23327111

dipsi2007@gmail.com www.diabetes.org.in

*Life Membership payment of Rs. 2,000 favoring **DIPSI** to*

Dr. V. Seshiah

Diabetes Care and Research Institute

31A Ormes Road, Chennai 600 010

Tel +91-44 26412296, 2661 5757

fax 26610110 dipsigroup@gmail.com

www.drvseshiah.org